

NCE SOCCER 2008, 2009 and 2011 Girls Italy 2023 Sunday 2nd to Monday 10th Apr

NCE STAFF – GIRLS TOUR OF ITALY 2023



NICK DUNBAR NCE CHIEF OPERATING OFFICER

US Soccer A and B License United Soccer Coaches Premier Diploma and Master Coach Diploma US Soccer and United Soccer Coaches Instructor Masters of Sports Directorship



ERYN DOIRON NCE STAFF COACH

Assistant Women's Soccer Coach at Colby College, ME. Member of Loughborough Women's Performance Football team. 2 Sport Athlete at Maine Maritime and all-time leading scorer. 2019 NAC Player of the year.



NICOLE CARROLL NCE STAFF COACH

Goalkeeping Director and head Coach Downtown United SC NCE Goalkeeper Coach Iona College Goalkeeping Coach Head Coach at Monroe College Women's Soccer US Soccer C License



Measure yourselves against some of the best players and local teams from Northern Italy.

Experience what it is like to be trained at a top-level professional academy.

Watch live games and experience the atmosphere of a fan in the ground close to the action.

See some of the most famous and stunning locations in the world including Lake Garda, Venice and Verona.

We have our own luxury coach for the tour and will stay in a top-class city center hotel.

NCE GIRLS TOUR OF ITALY 2023

NCE Tour Staff

Nick Dunbar, NCE Chief Operating Officer Eryn Doiron, NCE Staff Coach

Nicole Carroll, NCE Staff Coach

Sunday April 2nd

PPM - Depart New York JFK Airport with NCE Staff on American Airlines 198 to Milan Malpensa leaving 06:21PM Arriving at 8.10AM on April 3^{rd.}

Need to be at airport 3 hours beforehand.

Monday April 3rd – AC Hotel Marriot, Brescia

PM - Arrival at Milan international airport Terminal 1 and meet our bilingual tour directors then board our 2 private buses for the week. First stop is Lake Garda area for free time and visit some of the lakeside towns for lunch.

PPM - At the end of the day transfer to our hotel for dinner and overnight.

Tuesday April 4th - AC Hotel Marriot, Brescia

AM - After breakfast players training session with NCE Staff Coaches.

PM - Later transfer to **Sirmione**, lunch in the city center and time to explore the Diamond of Lake Garda.

PPM - Late afternoon transfer to a local sports center to play a friendly match vs a local team. Transfer back to the hotel for dinner and overnight.



NCE GIRLS TOUR OF ITALY 2023

Wednesday April 5th - AC Hotel Marriot, Brescia

AM – After breakfast, early transfer to Chievo Verona Youth Soccer headquarters for a training session with their qualified coaches
PM - At the end of the training, depart to Venice, the most visited city in Italy. Arrival at bus parking area, then transfer to the city center with private boat. Once there, free time to enjoy the city
PPM -. Late afternoon return back to your hotel for dinner.

Thursday April 6th- AC Hotel Marriot, Brescia

AM – After breakfast, transfer to **Verona city center** and free time to take pictures in the city of Romeo and Juliet and the incredible Roman Amphitheater.

PM - Mid-late afternoon we will play friendly games vs. local opponents.

PPM - At the end of the day, return to our hotel for dinner.

Friday April 7th – Como Area, Starhotel Saronno

AM - Breakfast and free time to pack and prepare to leave hotel
PM - Leave out hotel and stop off for wine and food tasting in one of the old and historical farm located through the Garda's Hills.
PPM - Our travel then continues to Milan and late afternoon friendly match vs a local team. After the game dinner and overnight at our new hotel in Como area.



NCE GIRLS TOUR OF ITALY 2023

Saturday April 8th - Como Area, Starhotel Saronno AM - After breakfast, transfer to Milan city center. Morning free time to enjoy the sights such as the Cathedral, the Galleria and the old Castle.

PM - Lunch will be on your own then transfer to the San Siro stadium to attend a pro game between AC Milan and Empoli FC in Serie A

PPM - Dinner at our hotel or a local restaurant.

Sunday April 9th - Como Area, Starhotel Saronno

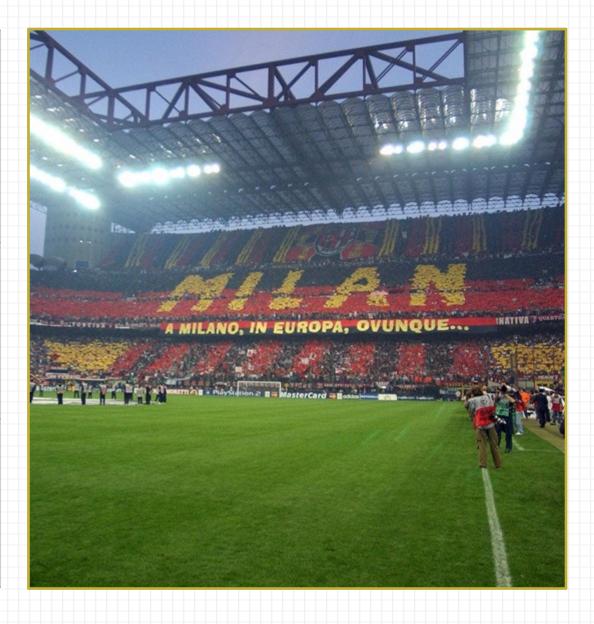
AM - After breakfast, transfer to **Como city center** and its VIP Lake.

PM - Time for a walking tour through the medieval walls all around the city. Free time in Como for lunch by yourselves - book a boat trip or a cable tour up to the Burnate's Mountain.
PPM - Transfer back to your hotel for dinner and overnight.

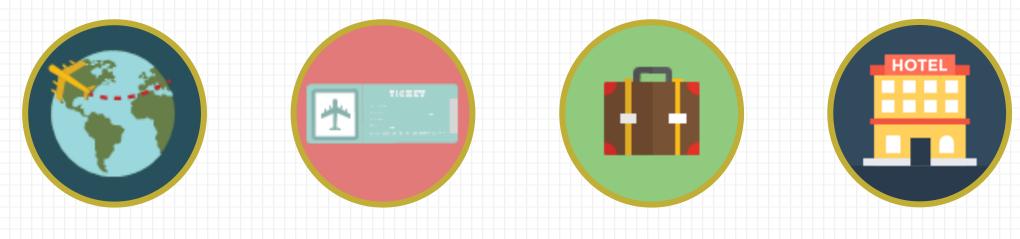
Monday April 10th

AM - Breakfast at our hotel then check out and transfer to Milan airport to return to the USA.

American Airlines Flight 199 leaves MXP at 11:10AM and arriving at JFK for 2:02PM.



Flight to Italy



NCE Group Fight Program

Group should plan to arrive at the airport 3 hours before departure time and meet NCE Staff coaches. Location TBC. Travellers not on group flight are responsible to meet up with the NCE group in Italy. Location TBC.

Non-Group

Fliers

Once through customs and immigration, we will meet up and connect with our bus driver and

follow itinerary.

First day

arrival

check in Hotel check in is usually 3.00pm but

Itinerary and

we will attempt to get an earlier check in.

Some Important Points

1. Our Expectations

a) Players should understand they are representing themselves, their family, NCE Soccer and the USA and we expect them to act in a way that reflects the behavior expected at a professional academy.

2. Hotel Accommodations

- a) Rooming Assignments are based on 2 to a room and we will try to accommodate all roommate requests and adjoining rooms.
- b) We will post rooming assignments to the tour page once confirmed.
- c) Brescia AC Hotel Marriot Brescia https://www.marriott.it/hotels/travel/vbsbr-ac-hotel-brescia/
- d) Como area Star hotel Saronno https://www.starhotels.com/it/i-nostri-hotel/grand-milan-saronno/

3. Independent Travelers i.e., not registered for Fan Tour

- a) We can not provide tickets for events or transportation for those supporters who are not part of the NCE Supporters tour.
- b) We will inform you of locations for training and games so you can make you own way to the location.

4. Make sure you have completed the Information capture Link

a) <u>https://ncesoccer.wufoo.com/forms/m4wctgt1eslra9/</u> to help us collect contact information for our preferred playing position, airline, roommate, dietary and medical needs.

5. Where can I find updated information about the tour?

a) We will continue to post updates to the tour web page which can be reached at https://ncesoccer.com/italian-tour-girls-info-page/

6. Completing Forms

- a) Make sure you complete the COVID form and send this to nick@ncesoccer.com as instructed.
- b) ALL players traveling without parents need to provide the NCE Staff with a signed Medical Form and Travel Consent Form which can also be found on the tour page and e mailed to <u>nick@ncesoccer.com</u>

7. Do I need health insurance?

a) We recommend you consider health insurance for your travel with options available via our tour webpage.

8. What do I do if I have not received my NCE International Uniform?

a) All players should now have ordered and received their international uniform with number or have a delivery date. NCE Staff will not have any spare kit with them. If you have not received the uniform please contact Nick Dunbar <u>nick@ncesoccer.com</u>

9. Cell Phones

a) Check your cell phone provider for international rates. If you do not have an international plan then switch to airline mode for the tour.

10. Packing List and Clothing for Travel

- a) Players to travel in full tracksuit and polo shirt for the flight.
- b) We will try to do a laundry during the week but suggest a small bottle of detergent in your checked bag.
- c) Please make sure you put your names in any NCE clothing in case we do a group laundry.

Some further Important Points

1. Money

- a) Spending money for players is recommended for additional meals (up to \$20 per meal) shopping, snacks, evening activities, etc.
- b) We suggest having money to tip our driver and guides, about a US dollar/EURO a day per person in your party is a fair amount.
- c) All major credit cards are accepted but we suggest getting some EURO's before you travel for incidentals when you arrive.
- d) Order EURO's from your bank or somewhere like AAA before you travel, they will offer much better rates than at the airport.
- e) Tell your bank about your upcoming travel so purchases are not declined, and you can use the ATM.

2. Communications

a) We have set up a Supporters WhatsApp group to provide notifications and details about the tour. To join that group please click on the following link https://chat.whatsapp.com/H29DjlRDtEXAzAw9XEuJ8w

3. Trip Preparation

- a) An adaptor is required in order to use electronic equipment, such as hairdryers, iPods, alarm clocks, razors, computers, etc.
- b) Consider jet lag preventative measures. Sleeping on the plane will help, and make sure you have your water bottle with you.
- c) Pack prescription medications in your carry-on just in case you have trouble locating your baggage upon arrival.
- d) Good idea to have your playing kit in your carry on just in case!
- e) Check the weather prior to your trip so you are aware of what additional items may be needed.
- f) Be sure to have luggage tags on which your name, home address, and phone number are written clearly.

4. COVID INFORMATION

a) USEFUL SITE COVID 19 Info for travelers to Italy

- b) Are there COVID-related entry requirements for U.S. citizens? NO U.S. citizens may travel to Italy for any reason, including tourism. English-language guidance on current entry and exit requirements is maintained on the <u>Italian Ministry of Foreign Affairs' website</u>. Further information is also available on the <u>Italian Ministry of Health's website</u>.
- c) Is a negative COVID-19 test (PCR and/or serology) required for entry? No
- d) Are health screening procedures in place at airports and other ports of entry? Yes, from December 29, 2022 to January 31, 2023, all travelers arriving or transiting in Italy from China must:
 - a) Have a negative COVID test prior to their departure (a molecular test within 72 hours prior to arriving in Italy or an antigen test within 48 hours prior to arriving in Italy)
 - b) Undergo an additional COVID test administered by Italian airport authorities upon arriving in Italy. This requirement does not apply to children under the age of 6, crew members, or diplomats.

Contact Us

NCE Tour Operations

Nick Dunbar NCE Chief Operating Officer <u>nick@ncesoccer.com</u> Cell 860-514-2912

NCE Information

John Curtis NCE Founder john@ncesoccer.com

NCE Operations Daniel Salomao <u>Daniel@ncesoccer.com</u>